

SLEEP~WAKE CENTER

375 Chipeta, Suite A200
Salt Lake City, UT 84108
Phone: (801) 581-2016



From I-15 northbound

1. Take the 600 South exit and go east approximately 2 miles to 700 East.
2. Turn left and drive for two blocks until you reach 400 South.
3. Turn right and proceed east on 400 South for 2.1 miles. (400 South will curve and become 500 South after .5 miles and then becomes Foothill Boulevard after 1.5 miles)
4. Turn left at Wakara Way.
5. Continue on Wakara Way to the 4 way stop sign.
6. Go through the intersection. (do not turn) Take the first right into the Sleep~Wake Center parking lot.

From I-15 southbound

1. Take the 400 South exit. At the first stoplight, turn left onto eastbound 400 South.
2. Proceed eastbound on 400 South for 4.5 miles. (400 South will curve and become 500 South after 3 miles and then becomes Foothill Boulevard after 4 miles)
3. Turn left at Wakara Way. Continue on Wakara Way to the 4 way stop sign.
4. Go through the intersection. (do not turn)
5. Take the first right into the Sleep~Wake Center parking lot.

From I-80 westbound / Foothill Drive

1. Take exit 129 for Foothill Drive.
2. Continue along Foothill drive 2.7 miles and turn right at Wakara Way. (You will see the Orthopaedic Center on the corner of Foothill Drive and Wakara Way)
3. Continue on Wakara Way to the 4 way stop sign.
4. Go through the intersection. (do not turn)
5. Take the first right into the Sleep~Wake Center parking lot.

From Salt Lake International Airport / I-80 eastbound

1. Take I-80 East towards Salt Lake City to exit 121 for 600 South.
2. Follow 600 South approximately 2 miles to 700 East.
3. Turn left and drive for two blocks until you reach 400 South.
4. Turn right and proceed east on 400 South for 2.1 miles. (400 South will curve and become 500 South after .5 miles and then becomes Foothill Boulevard after 1.5 miles)
5. Turn left at Wakara Way. Continue on Wakara Way to the 4 way stop sign.
6. Go through the intersection. (do not turn)
7. Take the first right into the Sleep~Wake Center parking lot.

All patients at the Sleep~Wake Center receive free parking in our lot

PUBLIC TRANSPORTATION

Utah Transit Authority (UTA) Buses and Trax

UTA schedules, bus routes, and maps can be found at rideuta.com, or you may call 801-RIDE-UTA (743-3882). There is a UTA bus stop located directly in front of University Hospital. TRAX trains arrive and depart from the University of Utah campus approximately every 15 minutes. The Medical Center TRAX stop is located directly across the street from Primary Children's Medical Center.

University of Utah Campus Shuttle

The Campus Shuttles operate Monday through Friday from approximately 6:00 a.m. to 11:30 p.m. depending on the route and are available to the general public for no additional charge. The Live Shuttle Tracking and Text Message route provides the location of each bus. The map can be accessed from your computer or mobile device at www.uofubus.com. Contact our office (801) 581-4189 for individual service. After 6:00 p.m. call (801) 231-9058. 24 hour notification is preferred. There is no campus shuttle service on weekends or University holidays.

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